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**Office Locations**

**Sierra Vista**

1601 Paseo San Luis #202  
 Sierra Vista, Arizona 85635  
 520.458.9594

**Tucson**

5100 South Alvernon Way  
 Tucson, Arizona 85706  
 520.748.0188



**ESOP Communication Committee**

Brian Janski, Doc Archambault,  
 Tammy Messer, Chris Albright,  
 Larry Saunders, Richard  
 Hunziker, Jack Schaaf, Dan  
 Crater, Jeff Olejnik, Charles  
 Ugalde, Bill Miller, David  
 Tautimer, Chris Weinell,  
 Ed Anderson

**2015 Family Day Picnic Recap** *By: Brian Janski, Project Manager*

This year wrapped up another successful KE&G Family Day Picnic on Saturday, March 28th. I hope that everyone enjoyed the friendly faces that activities that were part of this year's event. I am happy to say that this year's cash raffle was the largest that it has ever been with over \$830 going to Kristy Olejnik, the wife of Underground Superintendent, Jeff Olejnik. A special thanks goes out to our various suppliers and subcontractors for their donations of multiple raffle prizes, as everyone was able to walk away with prize in addition to the hats, blankets, footballs, and lunchboxes that were provided to those who got the RSVP's in on time. We held a blind bag raffle, and this year we had two (2) flat screen TV's donated by Dana Kepner and Trench Shore Rentals. The big winner of those prizes were Tucson's Francisco Hernandez, and Sierra Vista's Brett Watson. We look forward each year to making the family day a bigger and bigger success and try to top the years past.

Thank you all on the Communication Committee, and others who had a helping hand in making this year's picnic a success!



**KE&G thanks the following subcontractors and vendors for their continued support and generosity!**

- ★ ATL, Inc
- ★ Border Construction Specialties
- ★ CalPortland Company
- ★ Cemex
- ★ Dana Kepner Company Inc
- ★ DOWL HKM
- ★ Empire
- ★ Lawley Automotive Group
- ★ RDO
- ★ Sierra Vista Builders
- ★ Trench Shore Rentals
- ★ Unicoa
- ★ Vemeer
- ★ Western Refining
- ★ Vulcan
- ★ Pace Electric
- ★ Mountain Power
- ★ TCI Tire Centers
- ★ GCR Tires & Service
- ★ Consolidated Rebar
- ★ Trafficade

**Employee Grown, Employee Owned**

*by Kelly Panem, Office Manager*



John Montgomery is KE&G's Lube Supervisor. He was recently awarded with a \$100 gift card to Walmart for winning the ESOP slogan contest.

In January, the ESOP Communication Committee held a contest to come up

with slogan for our ESOP. The committee was looking for a short, catchy, phrase or tag-line that would visually and verbally express the importance and benefits of our ESOP.

Employees were encouraged to email their suggestion and the committee would select the winner based on the best representation of

KE&G's values and philosophies. The contest ran through February and the committee received 44 entries. The committee narrowed the choices to the top 10 and then took a vote. John won the contest with the slogan "Employee Grown, Employee Owned." A banner was designed and displayed at the company picnic in March. Banners are also displayed in the Sierra Vista and Tucson Shop locations. Congratulations John!

**HOME OF THE FREE BECAUSE OF THE BRAVE**



# What's New at KE&G...

Submitted by Ed Anderson, VP & Ben Carter, Estimator

## In Sierra Vista...

1. **Hydrant Replacement Project** - Replacement of 29 hydrants throughout the City of Tombstone. This project involved many obstacles such as dealing with various types of pipe and removing hydrants dated as old as 1942.
2. **Southwest Gas Douglas Parking Lot Reconstruct** - Remove and replace 10,000 square feet parking lot. This project began in June with an accelerated schedule to be complete before the monsoon rains.
3. **COSV 7th Street Pedestrian Crossing** - This project consists of installing a signalized pedestrian crossing on 7th street to allow the safe crossing for pedestrians.

## In Tucson...

1. **22nd Street for PCRWRD** - This project is a Construction Manager at Risk (CMAR) that consists of a new 12 inch sewer line. The alignment is on 22nd street from Alvernon to Swan and is anticipated to start construction in September of 2015.
2. **South East Interceptor (SEI) Augmentation for PCRWRD** - This project is also a CMAR and consists of approximately 4 miles of 36 inch - 48 inch sewer through South Tucson. This project is anticipated to start construction in March of 2016.
3. **City of Williams Water Meter Replacement** - This project involves replacing approximately 1,500 water meters and will start this July. A lucky few will get to work in the Williams "heat" this summer.

# Welcome New Employees!

## Sierra Vista

- ♦ Cameron Cummings, *Laborer*

## Tucson

- ♦ Heath Goodwin, *Laborer*
- ♦ Cody Sauer, *Project Engineer*
- ♦ Carlos Miranda, *CDL Driver*
- ♦ Robbee Blyth, *Laborer*
- ♦ Rene Romo, *Concrete Finisher*
- ♦ Juan Valdez, *Laborer*
- ♦ Zachary Roller, *Yardman*
- ♦ Michael Castro, *Parts Runner*
- ♦ Saul Valencia, *Pipelayer*
- ♦ Mark Campbell, *Project Manager*
- ♦ Humberto Benitez, *Meter Installer*
- ♦ Jesus Lamadrid, *Concrete Finisher*
- ♦ Ismael Pedrego, Sr., *Concrete Finisher*
- ♦ Ismael Pedrego, Jr., *Concrete Finisher*
- ♦ Brigido Felix, *Concrete Finisher*
- ♦ David Pedrego, *Concrete Finisher*
- ♦ Cesar Pedrego, *Concrete Finisher*

# Summer Safety for KE&G Employees and Their Families

by Vince Rosales, Safety Manager



For our KE&G employees, typically the summer months mean "HOT SUMMER DAYS." And even though the summer months provide us a lot of rain during the "monsoon-season", the after effects of the humidity can also be treacherous on our bodies, so keep some of these ideas in mind.

It's not uncommon for us in the construction field to give little thought to the idea of UV radiation and its long-term harmful effects.

Many of us think it isn't an issue unless you are frequently tanning or spending days at the pool and beach, but we as construction workers are all at an increased risk due to overexposure to the sun to include the UV radiation. So it's very important for our KE&G employees to protect ourselves by frequently applying sunscreen throughout the day, covering up our skin with long sleeved clothing, wearing hats and sunglasses, and seeking shade whenever possible as needed.

## Sunscreen is not just for swimming

As you expose your skin throughout the day, whether it be your face, the back of your neck, or your arms, you need to apply sunscreen to your skin

several times throughout the day. Normally we just apply sunscreen at the start of the day and expect it to last for 8 - 10 hours. But sunscreen won't last that long, even if it says that it is "waterproof" or "sweat proof." Through normal movement your sunscreen will get rubbed off by your clothes and interactions. So please make sure to reapply throughout the day, every 2-4 hours when possible.

Also, be sure to use sunscreen with a high level of sun protection factor (SPF). Use at least SPF 15 or higher to block more than 90% of UV radiation. One area that many people, especially men, overlook is their lips. Use lip balm with SPF protection as well.

*Continued on page 3 "SUMMER SAFETY"*

# Kostka Avenue & Michigan Street Sewer Realignments

by Jesse Grinsteiner, Field Engineer

This project was awarded to KE&G by Pima County Regional Wastewater Reclamation Department in February 2015. The construction takes place in the Kostka Avenue, Michigan Street and Lamar Avenue neighborhood. The project consists of installing 8 new manholes, removing and abandoning 5 manholes, removing and replacing 171 linear feet of 8 inch waterline, installing 409

linear feet of new 8 inch, 39 linear feet of new 10 inch, 114 linear feet of new 12 inch PVC and DIP sewer, and abandoning 612 linear feet of existing sewer across 3 different sites. Jeff Olejnik and his crew are performing the work which started in mid-April and is expected to go through June. There is also 1,235 linear feet of 6 inch HDPE bypass and 505 linear feet of 12 inch HDPE sewer bypass pipe



set-up with 2 temporary manholes in order to complete the work.

## Summer Safety *Continued from page 2*

### Sunscreen rubs off over time, sleeves don't

Even when applying an adequate amount of sunscreen, it is recommended that workers wear long pants, long sleeves, wide-brim hats, etc. to cover up your skin as much as possible. You want to create as many barriers as possible between your skin and harmful UV rays. OSHA recommends that you wear lighter colors to help prevent overheating as well.

Furthermore, having a great tan or darker skin complexion doesn't really provide any increased protection from the sun and its UV rays. While it may prevent you from getting a painful sunburn, tans and dark skin do not prevent UV exposure, or skin cancer. Never think your skin will be fine because "it's used to the sun."



Be sure to drink plenty of fluids

### Keep on drinking

While wearing long sleeves and pants during the dog days of summer, one tip that cannot be understated is the importance of proper hydration. It's very important to remain hydrated by

drinking lots of water along with some sports drink option like Powerade or Gatorade throughout the day, this help in providing you the electrolytes that you lose while sweating. As you sweat out a lot of water from your body and you start to feel dizzy, to include in having strong headaches, feeling nauseous, seek shade and sip some water. Supervisors will notify the Safety Manager immediately, this will allow him to assess the situation and provide you guidance on immediate care. Hydrating the body is not just during working hours, this includes after hours, and your weekends. By waiting to hydrate your body when you're thirsty, is too late, it needs to be continuous throughout the week with water and electrolytes. Other liquids such as coffee, teas, alcohol do not hydrate your body, and can lead to dehydrating your body at a faster rate.

### Get out of direct sunlight

Regardless of your SPF level or the types of clothes that you have on, it's not a good idea to constantly remain in the sun for 8-10 hours at a time. If you're a KE&G supervisor, you need to ensure that you try to limit the amount of time that individual workers are working out in the sun when it's at its strongest, between 10:00am and 2:00pm. Just as we adjust our hours in the summer, it's

always better to complete outdoor tasks during the earlier morning hours or the later evening hours. When you do have to work through the heat of the day, try to rotate your crews and share the work to reduce individual worker sun and heat exposure.

As you approach your job site, it's a good idea to identify an area of adequate shade close to the worksite for crew members to rest in, or in case one of your crew members becomes a heat casualty. If shade isn't available naturally, consider providing awnings, umbrellas, or shade cloths to give workers a chance to get out of the direct sunlight.

Working outside during the summer months here in Arizona can be tough on our bodies, but with proper planning and preparation, it doesn't have to be dangerous. I highly recommend following these guidelines for better safe work practices and reducing the risks such as heat stress and sun poisoning, as well as more long-term risks such as skin cancer. But not only during the work week is it important to follow these recommendations, this includes your weekends away with your family recommending they follow the same safe-practices just as you do at KE&G. Have a joyful summer, a safe summer!

